

HILLIARD COMSTOCK MIDDLE SCHOOL

Student Informational Guide
&
Planner

Believe! Achieve!



On a quest for knowledge.

HILLIARD COMSTOCK MIDDLE SCHOOL

2750 West Steele Lane
Santa Rosa, CA 95403

Student Planner



Believe! Achieve!
On a quest for knowledge.

Mission Statement

At Comstock, our mission is to inspire our students to be global thinkers who will thrive in the 21st Century. We are devoted to developing academic excellence, creating a nurturing environment and fostering an innovative approach to learning. We will cultivate in students a desire to understand, a capacity for tolerance, and an ability to appreciate the ethnic and cultural diversity that make up humankind.

SCHOOL COLORS: PURPLE & GOLD

Last Name _____ First Name _____ Grade _____

CLASS SCHEDULE

PERIOD	SUBJECT	RM #	TEACHER
1			
2			
SNACK & RESTROOM BREAK			
3			
4			
LUNCH			
5			
6			

IMPORTANT CONTACT INFORMATION

MAIN OFFICE	ATTENDANCE	FAX	WEBSITE
890-3885	890-3885 ext: 32110	890-3888	http://www.hcms.srca.k12.ca.us/ or www.comstockmiddleschool.com

2020/2021 Return to School Plan link below. Includes current class schedules.

English

https://drive.google.com/file/d/1HICPOrF0huq3EpO10z6KNaK_fgbV043a/view

Spanish

https://drive.google.com/file/d/1v3dzScm6RY7gKIIT4Sj0iEo_MbImnJoa/view?usp=sharing

HCMS Bell Schedule

2021-2022

Period	Beginning	Ending
Period 1	8:15 AM	9:02 AM
Period 2	9:07 AM	9:54 AM
Break	9:54 AM	10:09 AM
Period 3*	10:14 AM	11:04 AM
Period 4	11:09 AM	11:56 AM
Lunch	11:56 AM	12:26 PM
Period 5	12:31 PM	1:18 PM
Period 6	1:23 PM	2:10 PM

Minimum Day Schedule (day after back to school night; finals)

Period	Beginning	Ending
Period 1	8:15 AM	8:55 AM
Period 2	9:00 AM	9:35 AM
Period 3	9:40 AM	10:15 AM
Break	10:15 AM	10:30 AM
Period 4	10:35 AM	11:10 AM
Period 5	11:15 PM	11:50 PM
Period 6	11:55 PM	12:30 PM

PRINCIPAL'S MESSAGE

Dear Comstock Middle School Student and Families,

Welcome to Comstock Middle School! Our school is all about overcoming obstacles and achieving success—*your* success!

Your years in middle school are two brief, but very important, years. There are learning standards to master, work habits to practice, and interpersonal skills to develop. You will find high expectations and clear goals in each of your classes. Remember that, more than anything else, success requires *effort* and *never giving up*. We will do everything we can to support you in meeting these challenges—and you need to do your personal best, too.

Four important values guide us toward success at Comstock. The first is safety. We do not want anyone to be hurt physically or emotionally in our school. The second is respect. You need to respect yourself, your fellow students, all of the adults on campus, and our school rules. The third value is personal responsibility. *You* must take responsibility for completing all of your assignments, for taking care of your own property and the school's property, and for behaving appropriately. Finally, our fourth value is kindness: being kind to others and expecting kindness in return is what makes our school feel like an extended family. Let's do our best to treat each other well.

We look forward to working with you to make this year the best one you've ever had in school. Remember to ask any staff member if you ever have a question about anything at Comstock, or whenever you need help. Never feel alone at Comstock—we are here to help you!

Sincerely,

Ms. Laura Hendrickson



HILLIARD COMSTOCK MIDDLE SCHOOL

GUIDING VALUES

SAFETY
RESPONSIBILITY
RESPECT
KINDNESS

THE COMSTOCK COMMITMENT TO EXCELLENCE

As a student I will:

- Remember that success results from effort and not giving up.
- Keep myself and others safe.
- Read for at least 30 minutes, five days a week.
- Come to class on time, **prepared with classroom materials, homework done and ready to learn.**
- Set aside time every day to practice learning outside of school & complete my homework.
- Know and follow school and class rules.
- Regularly talk to my family and my teachers about my progress in school.
- Treat all people with respect.
- Take responsibility for my actions.

Student Signature

Date

As a parent/guardian or family member I will:

- Talk with my child about the value of education.
- Monitor TV viewing and make sure that my child reads every day.
- Make sure that my child attends school every day on time, with homework completed.
- Support the school's discipline procedures.
- Monitor my child's progress in school.
- Make every effort to attend school events, i.e., parent/teacher conferences & Back-to-School Night.
- Ensure that my child gets adequate sleep, regular medical attention and proper nutrition.
- Participate by volunteering when possible.
- Respect the school, staff, students and families.

Parent Signature

Date

As a school staff we will:

- Work as a team in a Professional Learning Community.
- Communicate regularly with families about their child's progress in school.
- Communicate high expectations for every student.
- Endeavor to motivate our students to learn.
- Teach and involve students in classes that are interesting and challenging.
- Participate in professional development opportunities that improve teaching and learning.
- Support the formation of partnerships with families and the community.
- Enforce rules equitably and involve students in creating a warm and caring learning environment.
- Provide assistance to families on what they can do to support their child's learning.
- Relentlessly help every student to succeed.

~ Hilliard Comstock Middle School Staff



Mindfulness Skills

Stress Management

The stress response is our body's way of warning us when there is danger and getting us to safety. Once you learn the signs of stress in your body, you can be aware of stress as it starts to rise. Many situations can cause stress. These are called "stressors".

Sometimes the way we are breathing can tell us how we are feeling. You can use your breath to help you stay level-headed and even change your mood.

Try this: Seated Robin - repeat 3 times

- From a seated position, inhale and draw your shoulders back.
- Exhale, bring shoulders forward and chin down.

Check in question:

Do you notice any changes in your body when you feel stress? What are they?

Self - Awareness

Self-awareness is the ability to notice your own body, thoughts, feelings and actions. Thought patterns are habits of thinking in a certain way. We tell ourselves a lot of stories about ourselves and about the world around us. "It is always my fault, I'm not good enough, If I was just..., Nobody likes me"! We forget we even tell ourselves these stories, we are so used to them. And deep down inside we believe them, even though they are not true. If we do not recognize this, they can affect our behavior, without us realizing it.

Try this: My Safe Space:

- Find/Create a Safe Space that can be a shelter or retreat. This is a place where you feel safe and secure.
- This place does not have to be a real place, it can be a place that you go to in your mind.
- Your Safe Place allows you to hear yourself, to hear the things that you tell yourself and to understand how you feel.
- Use your breathing to calm yourself.

Check in question:

Can you think of any beliefs you have about yourself? Do you think these beliefs are helpful or harmful to you?

Emotional Regulation

Emotional Regulation, closely related to self-control or self regulation, is the ability to experience emotions as they come up without them negatively altering your behavior and health. It's about noticing your thoughts and feelings when they come up. It allows you to choose your actions rather than follow impulses. Low self-control is a significant risk factor for a large range of personal and interpersonal problems.

Try this: Centering

- Go to your Safe Place, use your breathing to calm yourself.
- Try to focus your mind on yourself rather than everything that is going on around you.
- Try to focus your mind on what is happening right now, not in the past or future.
- In your breathing and focus, feel your feet on the floor, notice your thoughts and feelings without feeling like they are taking over you.

Check in question:

How are you feeling? Can you use the idea of being “centered” in your daily life?

Understanding Your Habits

We don't always understand why we behave the way we do. Taking a closer look at the thoughts we have can give us clues about our beliefs, fears, and hopes that influence our behavior. Getting to the root of why we behave a certain way is the first step in realizing that we have a choice of whether to continue with that behavior. This is especially true with habits, which tend to be hard to break if you don't understand the thoughts behind them.

Try this: Connecting with yourself.

- Go to your Safe Place, breath and center yourself.
- Try to acknowledge some habits that you have that are not working for you.
- Have patience with yourself and others as you work through exploring your habits.
- There is power in forgiveness. To hold onto previous hurts and habits, can negatively affect current and potential relationships.

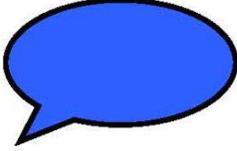
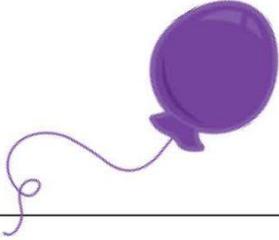
Check in question:

How is what you are doing, working for you?



- I know I have value and worth because of *who* I am and not because of my failures or accomplishments.
- I am the expert on my own life.
- I have strengths, abilities, and interests.

Comstock “Chill” Skills

	I Calm Myself - aka - “Chillin” Just Breathe
	I Visit My Personal Haven - Retreat, Relax, Recharge
	I Tune-In
	I Use My Words
	I Have Patience
	I Let-It-Go

Choose the Behavior, Choose the Consequence

COMMUNITY SERVICE

Community Service is served after school for 30 minutes. Community Service is generally Campus Beautification, but can also include helping teachers in their classrooms. Parents are notified by phone regarding the date/time of the Community Service.

Community Service can be a consequence for tardies or behavior.

CLASS SUSPENSION

Should a student become a severe discipline problem in class, the teacher has the right to suspend the student from that class for up to 2 days. There will be a teacher conference with the parent/guardian/admin to formulate a plan for the future. This is in accordance with the current Teachers Contract.

SCHOOL SUSPENSION

A student, when suspended, must remain at home or be in the presence of a guardian. In addition, the student must remain away from the school grounds of any school. For suspensions of 3 days or more class work will be requested by Student Advisor/Administration. The parent/guardian is responsible for picking it up and the student is required to return completed assignments to teachers upon returning to school.

IN SCHOOL PLACEMENT

In lieu of suspension from school the student may be removed from his/her regular instruction program due to violation of school discipline policies or violation of the Education Code. The student is placed in the Main Office or the library for the remainder of the day assigned. Classroom assignments are provided by the teacher for the student to complete during ISP. A meeting with the parent/student/teacher/admin will be held as soon as possible in accordance with the Education Code.

LOSS OF PRIVILEGE LIST

The Loss Of Privilege List (L.O.P. List) is for those students who are ineligible to attend school activities or after-school activities due to their inability to behave appropriately, follow school rules, attendance or grades. This applies to 8th grade Fun Day and Promotion Activities.

GROUNDS FOR SUSPENSION AND/OR EXPULSION

A student may be suspended or expelled for acts which are enumerated if the act is related to school activity or attendance which occur at any time including but not limited to any of the following:

1. While on school grounds.
2. While going to or coming from school.
3. During the brunch/lunch period, whether on or off campus.
4. During, or while going to or coming from, a school sponsored activity.

Subject to the limitations contained in Board Policy 5114.1, a student may be suspended or recommended for expulsion if the Superintendent or the Principal of the school in which the student is enrolled determines that the student has committed one of the following violations:

48900(a)	Caused, attempted to cause, or threatened to cause physical injury to another person.
48915(a) (1)	Calls for mandatory expulsion recommendation if the injury is serious and not in self defense.
48900(b)	Possessed, sold, or furnished any firearm, knife, explosive or other dangerous object.
48915(a) (2)	Calls for mandatory expulsion recommendation for possession of a knife, explosive, or other dangerous object.
48915(c) (1)	Calls for mandatory expulsion recommendation for possession, sale or furnishing of a firearm.
48915(c) (2)	Calls for mandatory expulsion recommendation for brandishing a knife.
48900(c)	Possessed, used, sold, furnished, or been under the influence of any controlled substance, alcoholic beverage or intoxicant.
48900(d)	Offered, arranged or negotiated to sell any controlled substance, an alcoholic beverage, an intoxicant of any kind, and then sold, delivered or furnished another liquid, substance or material and represented it as a controlled substance, alcoholic beverage or intoxicant of any kind.
48915(a) (3)	Calls for mandatory expulsion recommendation for sale of controlled substances.
48900(e)	Committed or attempted to commit robbery or extortion.
48915(a) (4)	Calls for mandatory expulsion recommendation for robbery or extortion.
48915(a) (5)	Calls for mandatory expulsion recommendation for assault or battery upon a school employee.
48900(f)	Caused or attempted to cause damage to school or private property.
48900(g)	Stole or attempted to steal school or private property.
48900(h)	Possessed or used any tobacco containing product.
48900(i)	Committed an obscene act or engaged in habitual profanity or vulgarity.
48900(j)	Possessed, offered, arranged or negotiated to sell drug paraphernalia.
48900(k)	Disrupted school activities or willfully defied the rightful authority of school personnel.
48900(l)	Knowingly received stolen school or private property.
48900(m)	Possession of an imitation firearm.
48900(n)	Committed or attempted to commit a sexual assault or sexual battery.
48915(c) (4)	Calls for a mandatory expulsion request for committing or attempting to commit sexual assault or sexual battery.
48900(o)	Harassed, threatened or intimidated a pupil who is a complaining witness or a witness in a school disciplinary proceeding for the purpose of preventing that pupil from being a witness or retaliating against that pupil for being a witness.
48900(q)	A pupil who aids or abets, as defined in Section 31 of the Penal Code, the infliction or attempted infliction of physical injury to another person, may suffer suspension, but not expulsion, pursuant to the provisions of this section.
48900 (r)	Engaged in an act of bullying, including, but not limited to, bullying committed by means of an electronic act, as defined in subdivisions (f) and (g) of Section 32261, directed specifically toward a pupil or school personnel.
48900.2	Committed sexual harassment.
48900.3	Caused, attempted to cause, threatened to cause, or participated in an act of hate violence.
48900.4	Intentionally engaged in harassment, threats or intimidation that is sufficiently severe or pervasive to have a negative impact on the individual's academic performance or to create an intimidating or hostile educational environment.
48901.5	Possessed or used any electronic signaling device, including but not limited to paging and signaling equipment, while on campus or while attending any school sponsored activity.
32051	Engage in hazing, participate in hazing, or commit any act that causes or is likely to cause bodily danger, physical harm or personal degradation or disgrace.
32261 (f)	As used in this chapter, "bullying" means one or more acts by a pupil or group of pupils as defined in Sections 48900.2, 48900.3, or 48900.4.
32261 (g)	As used in this chapter, an "electronic act" means the transmission of a communication, including, but not limited to, a message, text, sound, or image by means of an electronic device, including, but not limited to , a telephone, wireless telephone or other wireless communication device, computer, or pager.
35183 (b)	The Governing Board prohibits district students from wearing gang-related apparel, based on its determination that this policy is necessary for the health and safety of the school environment. To further discourage the influence of gangs, the Superintendent or designee shall ensure the school rules of conduct and any school dress code prohibiting gang-related apparel are enforced consistently. If a student exhibits signs of gang affiliation, including wearing, carrying or displaying gang regalia or making gang-related gestures, staff shall so inform the parent/guardian, and the student may be subject to disciplinary action.

For detailed descriptions of the California Education Code please reference the *Desktop Edition of the California Education Code*.

DRESS GUIDELINES -

We are going to keep this simple so you can have an easy time shopping. Stick to these simple guidelines, and you will be great.

Rule #1: Be RESPECTFUL, BE RESPONSIBLE, BE SAFE, BE KIND and BE READY TO LEARN with how you dress each day. Carefully read the few new HCMS dress rules below and then choose wisely.

1) Shirts:

If you wear a t-shirt/sweat shirt that relays an inappropriate message, you will be given a replacement shirt or asked to give it to the administration or student advisor.

If you wear more than one article of clothing/item that can be construed as belonging to an unauthorized group, we will ask you to cover or remove that article.

2) Shorts/Skirts:

Length of shorts and skirts need to be appropriate for school. You know what this looks like. If you aren't sure, we will let you know.

REMEMBER: We have a great supply of t-shirts and pants for you to wear if your clothing is not appropriate for school. If we don't have your size, you can call home for a change.

3) Footwear:

For the purpose of personal safety...everyone must wear shoes that cover and protect your feet.

4) Jackets/Sweaters:

Have SPIRIT! Wear Comstock Middle School apparel whenever you can!!

Especially, wear our feeder school (Piner High school) clothing.

NOTE: Other guidelines may be added as school officials deem necessary after obtaining information from community agencies and/or other resources. As styles continually change, the school reserves the right to add/delete items to the dress code and/or list of inappropriate and unacceptable.

GUM

Please do not chew gum on campus.

MARKERS

Markers used for class projects/assignments should be non-toxic and washable. Permanent markers (Sharpie) need to stay at home.

CELL PHONES & OFFICE PHONES

Cell phone use is allowed during brunch and lunch. Should this create an issue with a student, the school reserves the right to modify this rule. Cell phones can also be used with teacher direction if needed for your classwork. Be sure to follow your teacher's rules regarding the use of cell phones during class time. Leaving the classroom during class counts as class time and phones need to be put away. Some classrooms have a cell phone caddy where you can put your phone in the caddy until class is over.

You may use a designated office phone if you need to call your family, if you are sick or if there is an emergency. Parents are welcome to call the office if they need to reach you.

CELL PHONES AND OTHER PERSONAL PROPERTY ARE YOUR RESPONSIBILITY. THE SCHOOL IS NOT LIABLE FOR LOSS OR DAMAGE.

FOOD DELIVERIES

Food deliveries by parents or delivery companies must be delivered to the office only. Food needs to be delivered before or during lunchtime. Any food delivered after lunch will be held in the office for pick up after school.

HARASSMENT/SEXUAL HARASSMENT

You have a right to be free from harassment/sexual harassment at Comstock Middle School and it is expected that you will not harass or sexually harass anyone. Significant discipline consequences will result for anyone engaging in harassment or sexual harassment. Sexual Harassment Codes for discipline are within SRCS Board Policy, SRCS Administrative Regulations, California Education Code and California Penal Code.

Harassment is defined as any behavior that invades the rights of a pupil or group of pupils by creating an intimidating or hostile educational environment.

Sexual harassment is deliberate and/or repeated sexual or sex-based behavior that is not welcome, and not asked for. Sexual harassment is a form of sexual discrimination in education or employment which may be:

1. Physical, such as unwelcome touching or interference with movement,
2. Verbal, such as epithets, derogatory comments or slurs,
3. Visual, such as the display of derogatory cartoons, drawings, or posters.

If you are feeling harassed by anyone at school, remember there are a number of ways to let us help you.

1. Tell a friend so they can help you
2. Tell an adult on campus so they can help you.
3. Download and use the STOPit App. Remember, your tips are anonymous and every tip is acted on.

SEARCHES

The school administration has the right to search a student and their possessions if there is a belief that inappropriate items such as drugs, alcohol, weapons or stolen property have been brought on campus. Lockers are the property of the school and may be searched at any time.

BACKPACKS

Most teachers prefer that you put your backpack in your locker and not bring it to class. The school is not responsible for the loss or theft of backpacks and their contents. Neither the school nor the district have insurance to cover a loss and assumes no liability for personal loss.

SCHOOL PROCEDURES

ATTENDANCE

ARRIVING OR LEAVING CAMPUS

HCMS is a closed campus. Once you arrive on campus, you may not leave without permission. Students must check out with the Attendance Office when leaving and/or returning to school. A dated note signed by your parent/guardian stating the time and reason for leaving is required.

If you call your parents, from your cell phone, to come pick you up, you may not be released. All phone calls to parents for your pick-up, need to be made in the office.

A child may not be released to anyone other than a parent, guardian, or a person listed on the student's Emergency Card. Identification will be required when picking up the student.

If someone other than those listed on the card arrives at the school to pick up a child, the child will not be released.

Adults must report to the office, not the classroom. Children will be picked up in the office.

Every effort should be made to have Medical/Dental appointments scheduled outside of the school day.

ABSENCES

The Attendance Office should be called with the reason you are absent. If a reason for the absence is not communicated to the school, an automated message will notify your parent/guardian that you were absent. All absences must be verified by the parent/guardian with either a phone call or a written note. The note should contain the date(s) of absence, reason for absence and a parent/guardian signature. Consequences for frequent absences could result in a School Attendance Review Team (SART) meeting/contract or referral School Attendance Review Board (SARB) at the district.

You MUST be present for FOUR periods to be eligible to participate in any school related function scheduled for that day. This includes but is not limited to athletic events, dances, clubs, After School Program, etc.

TARDIES

Any student arriving 30 minutes late to the first period must report to the Attendance Office before going to that class. Students "cutting class" (full absence or 30 min. late) or persistently late will be referred for disciplinary action.

Students have four minutes to pass from class to class or return from lunch. All students are expected to be on time to every class.

Being tardy to class can result in consequences such as meetings with teachers/parents/admin, referrals, lunchtime detention, Restorative Circles both at lunchtime and after school, community service and lower grades.

VISITORS

Comstock is a closed campus and student visitors are not permitted on or near the school campus during regular school hours. Parents and other adults are always welcome and are encouraged to visit at any time. Anyone wishing to come on campus must check in at the office to receive a Visitor's Pass.

CHANGE OF NAME, ADDRESS, PHONE OR TRANSFERRING

Please remember we need to have your most current address and phone numbers. There are many reasons that we need to get in touch with parents. Most important is your safety. Remember that any changes need to get to the office so we can update our system.

MEDICATION

The school must receive a completed Permission for School Personnel to Give Medication form which includes a written statement from the child's physician detailing the method, amount and time schedules by which such medication shall be taken. The form must be signed by the parent and by a doctor and brought to the office to be kept on file.

Any medication to be administered to a child during school must be brought to the school office in its original container with the prescribed dosage.

BICYCLES/SCOOTERS

Helmets are required by California State law for students who ride their bicycles to school. We have safe places to put your bikes when you are at school.

SKATEBOARDS, ROLLERBLADES (manual or motorized)

Skateboards, rollerblades and scooters should be used off campus. If these items are brought to school, they must be locked in the student's locker, stored in the Main Office or placed in the secure area that is used for bikes.

CAFETERIA/LUNCH

The cafeteria offers students a nutritious breakfast and lunch program. For families who qualify, free or reduced breakfast and lunches are available. Contact the Main Office or the cafeteria for an application or more information. Links are available on our website: www.comstockmiddle.com, or <https://mealapp.srcs.k12.ca.us/fma/>

LOCKERS (during COVID, outside locker use is suspended; PE lockers will be available.)

Students will be assigned two lockers at school. One of the lockers will be an outside locker for storage of books, lunches, and extra clothing. You are not to share your locker or your combination with any other student. If there is damage to the combination lock, the student will be required to pay \$15.00 for a replacement lock. Key locks can be provided as necessary. Loss of a key will cost \$6.00 for replacement.

The second locker will be issued to you in P.E. class to store your P.E. clothes. You will be issued an HCMS combination lock from your P.E. teacher, to use. If the lock is not returned, you will be charged \$12.00.

Remember: We have locks to use. Please do not use your own lock. Locks are provided free of charge; however all locks must be returned to the school at the end of the year.

LIBRARY

Library hours are posted on the library door. These hours are flexible and can be changed at any time. Use of the library is a privilege. Expectations in the library are that you will work quietly and be respectful. The library can be closed if these expectations are not followed. You are responsible for anything you check out. If you lose/damage it, you will have to pay for its replacement.

TEXTBOOKS

You are responsible for all textbooks and library books issued to you. You will be charged for all lost and damaged books. All textbooks are required to be covered. Unpaid fines will result in the withholding of yearbooks, report cards, and year-end activities.

RENAISSANCE PROGRAM

The mission of the Renaissance Program at Comstock is to create a "Renaissance" or "rebirth" in education. The program promotes and recognizes academic achievement, improvement and attendance.

- **Gold:** Students who receive a 4.0 GPA for the semester will receive a Renaissance Gold Card.
- **Silver:** Students who maintain between a 3.0 and 3.9 GPA with no F's for the semester will receive a Renaissance Silver Card.
- **Purple:** Students who maintain between a 2.5 and 2.99 GPA with no F's for the semester will receive a Renaissance Purple Card.
- **White:** Students who have perfect attendance for a semester or have improved by .50 GPA, will receive a Renaissance White Card.

REPORT CARDS

Grades are reported every Quarter (9 weeks). Semester grades (official transcript grades) will be mailed home at the end of each Semester.

A = Outstanding B = Above Average C = Average D = Barely Passing/Unsatisfactory F = Not Passing

PROGRESS REPORTS

Informal progress reports can be requested directly from the classroom teacher. Students with a grade lower than a C in any subject area may request the Weekly Progress Report through the Counseling Office.

ATHLETICS & STUDENT ACTIVITIES ELIGIBILITY

In order to participate in athletics, Leadership, class office, or similar activities, a student must:

1. Have a "C" average (2.0) in the grading period prior to participation.
2. Maintain a "C" average (2.0) during the time the student participates in the activity.
3. Meet all other eligibility requirements established by the athletic director.
4. Maintain appropriate behavior, conducive to a positive school environment.
5. Not have been suspended from school in the past 20 days.



PHYSICAL EDUCATION

PE Clothing: For hygiene, safety, and student identification/recognition purposes, students enrolled in Physical Education (PE) will be required to dress for PE.

PE clothing includes:

- shorts, t-shirts (These are available for purchase at school)
- Sweatpants and sweatshirts are optional
- appropriate footwear is required
- No student will be denied participation in PE nor will any students' grades be adversely affected due to the fact that the student does not have the PE clothing due to circumstances beyond the student's control.

PARTICIPATION EXCUSE

To be excused from physical education a note is to be sent by your parent or guardian to the P.E. teacher. Notes from parents to excuse you from P.E. are valid for a maximum of 3 days. Students who are excused by a parent are still required to dress for P.E. Anything after 3 days will be excused only by a physician's note. Physician's note should be given to the Main Office.

SCHOOL SUPPLIES

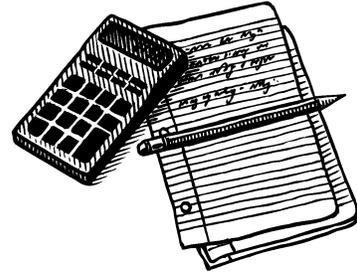
Check with each of your teachers to see what they require for their class.

The school district is a 1:1 district. This means that every student will be able to check out a chromebook and a case for the year.

AFTER SCHOOL PROGRAMS, EXTRA CURRICULAR ACTIVITIES AND CLUBS

The Boy's and Girl's Club invites you to be part of Comstock's FREE After School Program! All students are eligible to enroll!

The After School Program begins on the first day of school!



THE BOYS & GIRLS CLUB PROGRAM PROVIDES:

- Homework help
- Language arts and math activities
- Exciting enrichment classes
- Fun Fridays to celebrate a week of excellence
- Supervision in an academic and recreational setting

STUDENT EXPECTATIONS FOR AFTER SCHOOL PROGRAM

The After School Program is an extension of the regular school day. This means if you break a school expectation, consequences will occur. All participants are required to demonstrate Comstock's Guiding Values of Responsibility, Safety, Respect and Kindness.

REGISTRATION

Forms are available for you in the Main Office or through the Boys & Girls Club office. Enrollment is on a first-come first-serve basis and is open to all students. Return your completed form with your parent/guardian signature to the Main Office.

PROGRAM HOURS

Monday through Friday from 2:45 – 6:00 p.m.

ATTENDANCE

On the registration form it should be specified what days you will attend. Attendance will be taken by staff every day. Students that are not absent from school and are designated to participate in the After School Program should report to the After School Program area and check in with a supervisor. If you have a special circumstance or activity that requires you to leave early, an Early Release Authorization Form must be filled out, signed by a parent/guardian and submitted to the After School Program office. ID may be required before student is released.

SNACK

A daily snack is provided. You are permitted to bring food from home, but you are not permitted to leave school grounds to purchase snacks from off campus vendors.

RELEASE

Students must be picked up promptly by 6:00 p.m. The student is to be picked up and signed out by a parent/guardian with a teacher or Site Coordinator.

- Students that walk home are dismissed at 6:00 p.m. and must have parent/guardian permission.
- Any changes in pick-up procedure must be submitted in writing to Site Coordinator.

If you have any questions about the after school program, please contact our office and we would be happy to help you.

To Do This Week:

Class	What was Assigned?	Turned In? <input checked="" type="checkbox"/>	Class	What was Assigned?	Turned In? <input checked="" type="checkbox"/>
1			2		
3			4		
5			6		

Ongoing Projects + Due Dates:

1		2	
3		4	
5		6	

Questions I have:

Teacher	Question:	Emailed? <input checked="" type="checkbox"/>		Questions for small group members:	Contacted? <input checked="" type="checkbox"/>